



TRAME  
MEDITERRANEE

# SUMMER CAMP

📍 Paideia Campus, Pollica

📅 June & July 2024

👤 Ages 14-17

🗣️ Italian & English

Secure your spot for an unparalleled summer camp experience!

## WHO

Open to all high school students ready for an adventure!

## DURATION

5 day, 4 overnight, summer camp

## COST

699 Euros, includes everything!

## THEMES

### TRADITION AND INNOVATION

What will we eat in the future?

### TECHNOLOGY AND AI

How to improve the lives of people and take care of the planet?

### MEDITERRANEAN DIET & REGENERATION

How to live to 100?

## WHAT

A challenge-based learning program where students will learn by doing. Working together, students will explore, discover and learn by example through hands on experiences in the National Park of Cilento.

Throughout the program, students will learn problem solving skills and work in teams to come up with a solution to a real world challenge!

## WHEN & WHERE

Paideia Campus, Pollica (SA), Italy

\*flags indicate program language

### 📅 JUNE

🇮🇹 10th – 14th

🇺🇸 17th – 21st

🇮🇹 24th – 28th

### 📅 JULY

🇺🇸 1st – 5th

🇮🇹 8th – 12th

Spots are limited!

[APPLY NOW](#)

[futurefoodinstitute.org/academy](https://futurefoodinstitute.org/academy)

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## A TYPICAL DAY AT OUR SUMMER CAMP

### BREAKFAST



### MORNING ACTIVITY

One of the following:

- Guided visit to an archeological park
- Nature walk in the Cilento National Park
- Hands on activity with a local beekeeper
- Farm visit and experience
- Beach activity at the Mediterranean Sea

### MEDITERRANEAN LUNCH



### REFLECTIONS AND TEAM BUILDING



### AFTERNOON ACTIVITY

One of the following...

- Pasta making for a community dinner
- Introduction to problem solving skills
- Prototyping with recycled materials
- Hacking a real world challenge
- Local olive oil tasting

### COMMUNITY DINNER



# Limited spots available for Summer 2024

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## LOCATION

### PAIDEIA CAMPUS

To enhance this real laboratory of terrestrial and marine biodiversity, we inaugurated the Campus Paideia. Located in Pollica, in the Cilento, capital of the Mediterranean Diet, this cultural project has its origins in the sixth century B.C. and intersects multiple disciplines.

The Castle of Princes Capano is where the Paideia Campus is housed, the "Castello Capano" dates back to the 12th century with a large square tower, built on three levels, that dominates the town skyline.

The Paideia Campus' program encompasses all aspects of the Mediterranean Lifestyle, including the themes of history, science and innovation, ecology, biodiversity, convivium, art and culture.

### POLLICA

Pollica is a town and comune in the province of Salerno in the Campania region of south-western Italy. The town's population is 2,300 with an elevation of 370 meters from sea level. Pollica is the largest town in the municipality with an additional five smaller towns nearby.

### CILENTO

Cilento is an Italian geographical region in the political region of Campania, located on the southern coast of Italy.

Cilento is known as one of the centers of Mediterranean Diet in the world and centered around the Cilento and Vallo di Diano Alburni National Park and its contiguous areas. The area is rich in tangible and intangible culture including:

- 4 UNESCO World Heritage Sites: Certosa di Padula; and the Geoarchaeological Areas of Paestum; Elea; Velia; and Cave di Camerota
- Included in the World Network of Geoparks
- UNESCO declared Intangible Heritage of Humanity and Pollica and Cilento Emblematic Communities for Italy of the Mediterranean Diet
- 15 Slow Food presidia
- 22 DOC/DOP/IGP branded products including buffalo mozzarella, olive oil and wine
- 30+ festivals celebrate local gastronomic creativity



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## ADDITIONAL INFORMATION

For over 10 years, Future Food Institute has lead educational programs globally. Your students will be hosted at our Paideia Campus, a historical castle filled with classroom, outdoor, and common areas spaces.

Whether its their first night away or they have been to an overnight camp before, the Paideia Campus is here to ensure a safe and fun experience.

## ACCOMODATION & COMMUNICATION

Students stay in shared accomodation, with other program participants.

Student will have access to electronic devices during the week. Please note that during some adventures internet coverage may be limited however there is Wifi at the Paideia Campus. Please be aware that some telephone providers have limited coverage in Cilento.

## FOOD

All meals are prepared on site with local, fresh produce. We serve healthy and delicious meals following the guidelines of the Mediterranean Diet. We are able to accomodate all dietary requirements and will ask for your students requirements before departure.

## SECURITY & SAFETY

We have policies in place to make sure your student has a safe and fun Summer Camp experience.

- 24/7 security and support
- Dedicated staff member every 10 students
- On site medical support if needed

## TRAVEL

The program Drop-Off and Pick-Up location allows for students to arrive autonomously by train. There will be a Future Food staff member at Drop-Off to greet students. Once students arrive to the drop off point, Future Food will take care of all transfers and logistics.

### Drop-Off & Pick-Up Location

- 📍 Vallo della Lucania Train Station



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